



Colonoscopies: More Than a Pain in the Butt

Even a good test can be done too often

Following a normal colonoscopy, follow-up screening is usually not needed for another 5-10 years in the absence of family history and red flag symptoms.¹

The Canadian Association of Gastroenterology recommends against performing a colonoscopy for constipation in those under the age of 50 and without a family history of colon cancer or red flag symptoms.²

Routine colonoscopies are usually not needed after age 75.¹

Only around 4% of colon biopsies result in a diagnosis of colon cancer in Manitoba.³