



Choosing
Wisely
Manitoba



Seeing Lower Back Pain Clearly

Do MRIs (or X-rays or CT scans) speed up patients' recovery from lower back pain?

50-90% of us will experience lower back pain at some time in our lives; disc degeneration of the spine is a natural part of aging that will affect 88% of us by age 60.

Without serious conditions, red flag symptoms and medical history, MRI is not recommended for lower back pain.

Openly discussing patients' symptoms, medical histories and concerns is the best way to help alleviate their worries.

Coming Soon: A patient resource in your EMR.



Champions

Dr. Blair Henderson, Radiologist, and Drs. Kurt Kauenhofen MD CCFP and Dan Hunt MD CCFP, Family Physicians

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