

PREOPERATIVE History & Physical Form

This form must be submitted to site at least 14 days prior to surgery date.
Failure to do so may result in cancellation.

ENSURE ALL CONTACT INFORMATION ON BOOKING CARD IS CORRECT.

PART C – PHYSICAL (Note any active or unstable system findings)

Height _____ cm Weight _____ kg Body Mass Index (BMI) _____ Blood Pressure _____ Heart Rate _____ SpO₂ _____
CHEST (other): Rhythm _____ Murmurs _____ Air Entry _____ Adventitious Sounds _____
HEAD & NECK: _____ Neck circumference _____ cm
ABDOMEN: _____ **EXTREMITIES:** _____

PART D – REVIEW OF SYSTEMS Please note abnormal findings below and indicate associated code number (e.g. "D3" for Respiratory)

D1. Central Nervous System	_____	_____
D2. Cardiovascular	_____	_____
D3. Respiratory	_____	_____
D4. Genitourinary	_____	_____
D5. Haematologic & Lymphatic	_____	_____
D6. Endocrine & Metabolic	_____	_____
D7. Gastrointestinal	_____	_____
D8. Neuromuscular	_____	_____
D9. Dermatologic	_____	_____
D10. Other	_____	_____

PART E – OPTIMIZATION

Blood Management Service *If possible, please address with the patient any of the following applicable items to reduce the risk of postoperative complications:*

Consult initiated
Consider referral if major surgery and anemia, rare blood type, multiple antibodies or patient refuses blood transfusion
www.bestbloodmanitoba.ca 204-787-1277

Healthy Behaviours	Chronic Diseases Management
<ul style="list-style-type: none"> • Active lifestyle • Reducing excessive alcohol use • Healthy diet • Recreational drug cessation • Smoking cessation 	<ul style="list-style-type: none"> • Diabetes screening/Blood glucose control • COPD/Asthma • Hypercholesterolemia • Hypertension • Malnutrition • Nutritional Anemias

PART F – LABORATORY SCREENING (patients at least 16 years of age)

Check if indicated test results are attached. *A guideline based app to determine which tests are required is available at: logixmd.com/preop*

TESTS WITHIN 6 MONTHS OF SURGERY are valid, provided there has been no interim change in the patient's condition.	CLINICAL JUDGEMENT IS REQUIRED as additional tests may be appropriate for some patients.	GUIDELINE DOES NOT APPLY TO patients undergoing cardiac surgery or cesarean section
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Chest X-rays – Not recommended for any surgery except to facilitate diagnosis of new/worsened symptoms, or if ordered by the surgeon in the work up of a malignancy.

FOR MINOR SURGERY*

DO NOT ORDER PREOPERATIVE TESTS
in asymptomatic patients.

* Associated with an expected blood loss of less than 500 mL, minimal fluid shifts and is typically done on an ambulatory basis (day surgery/same day discharge)*. It includes cataract surgery; breast surgery without reconstruction; laparoscopic cholecystectomy and tubal ligation; and most cutaneous, superficial, endoscopic and arthroscopic procedures.

†**Access the complete adult preoperative lab test guideline**
– including lists of major and minor surgery, at <http://www.wrha.mb.ca/extranet/eipt/EIPT-003.php>

FOR MAJOR SURGERY** If age (years) is:

16 - 49: Order CBC. Additional tests may be indicated for comorbid diseases. Consult guideline. ‡
50+: Order CBC, ECG, Na ⁺ , K ⁺ , Cr, TCO ₂ , CR/eGFR

➔ **Major Surgery: Other tests to consider**

- **Oral Corticosteroids, DM or BMI greater than 40:** add Hemoglobin A1C or fasting plasma glucose.
- **Malnutrition, BMI greater than 40, or Liver disease:** AST, ALT, Alk Phos, GGT albumin, total and direct bilirubin & INR.
- **At high risk for iron deficiency:** add serum iron TIBC and Ferritin.
- **Thyroid disease:** add TSH.

** Associated with an expected blood loss of greater than 500 mL, significant fluid shifts and typically, at least one night in hospital[^]. Includes laparoscopic surgery (except cholecystectomy and tubal ligation), open resection of organs, large joint replacements, mastectomy with reconstruction, and spine, thoracic, vascular, or intracranial surgery.

[^] If the surgery is typically ambulatory but the patient has a medical or social reason for overnight admission (i.e. OSA, no support at home), still consider the surgery minor in determining which lab tests to order.

Examining Provider: _____ _____ Examination Date: _____
SIGNATURE PRINTED NAME AND DESIGNATION D D M M M Y Y Y Y

Address: _____ Phone: _____ Fax: _____

It is not necessary to repeat history and physical as no significant change noted in the patient's health status since the last examination.

Examining Provider: _____ _____ Reassessment Date: _____
SIGNATURE PRINTED NAME AND DESIGNATION D D M M M Y Y Y Y

Comments: _____