

# Earning Continuing Professional Development (CPD) Credits for Choosing Wisely Activities

- 1 Pearls™**

When you complete a Pearls™ exercise that includes a specific question and literature search involving any one of the Choosing Wisely Canada (CWC) recommendations you earn 6 Mainpro+ credits.
- 2 Linking to Learning Exercises**
  - When you participate in a Linking Learning to Assessment exercise that reflects improvement in practice you are eligible for 6 Mainpro+ credits.
  - Using a Linking Learning to Practice or administration exercise to document how a tool has had an impact on your practice can earn you 5 Mainpro+ credits. There is no maximum on the number of exercises you can submit.
- 3 Choosing Wisely Canada National Meeting**

If you attend a CWC National Meeting you are eligible for 7-8 Mainpro+ credits.
- 4 Patient-Oriented Evidence that Matters (POEMs)**

Many POEMs focus on areas of overuse, inappropriate use, and resource stewardship. For each POEM reviewed you earn 0.1 Mainpro+ credit/article (POEMs are free for CMA members in the portal).
- 5 Using Antibiotics Wisely Module**

This activity earns CFPC members 1 Mainpro+ credit/hour.

The logo for Choosing Wisely Manitoba features the text "Choosing Wisely Manitoba" in a bold, black, sans-serif font. To the right of the text is a teal speech bubble icon with a white outline and a small "TM" trademark symbol. The entire logo is contained within a white circle that is part of a larger orange graphic element on the right side of the page.

**Choosing  
Wisely  
Manitoba**

