



# Just One

## WHY GIVE TWO WHEN ONE WILL DO?

**Just One** unit of blood should be ordered for stable patients with no clinically significant bleeding.

**Re-assess** before requesting a second unit of blood.

**Indications for a second unit of blood are:**

- Active blood loss
- Ongoing symptoms of anemia

In accordance with Choosing Wisely Canada recommendations and Patient Blood Management guidelines by the American Association of Blood Banks.